



# CSI Health & Wellness Services

## UPCOMING FALL 2009 EVENTS

### Great American Smokeout

Thursday,  
November 19



- Are you a Smoker?
- Know someone who is?

Stop by the Drop-In Center (1C, 111)  
Between 10:00am and 4:00pm for:

- Smoking Cessation Support
- Nicotine Replacement Products

The Mayor's Office to Combat  
Domestic Violence presents:

### Building Healthy Relationships

Balancing relationship stress and  
academic success.

Thursday, December 3  
1:30pm–3:30pm

Green Dolphin Lounge—PG CLUE



### World AIDS Day

**TUESDAY,  
DECEMBER 1**

Remember those affected  
as well as those infected!

- Stop by the Drop-In Center for free condoms!
- Make an appointment for an HIV test at the CSI Health Center.

### The Flu and You

#### Protect Yourself!

- Get vaccinated.
- Wash your hands frequently.
- Use alcohol-based hand sanitizer.
- Stay informed. Check out the CSI web-site for updated information.
- **Stay home if you are sick.** Please help us track the flu by completing the **influenza-like illness self-report form on the CSI HINI page.** (It's anonymous!)

For more  
information,  
please contact:

Health & Wellness Services  
Drop-In Center

1C, Room 111  
718.982.3113  
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