Students accepted to the AAS Nursing Program are required to submit a completed Nursing Physical Examination (NPE) form with associated labs each semester to the Health Center for review and clearance. Physical exams and clearance have very strict windows of opportunity in which the exams need to be performed and clearance obtained. For Fall 2023, annual exams, required tests and clearance needs to be completed as soon as possible upon admission to the AAS Nursing Program. An additional CASTLEBRANCH URINE DRUGS SCREEN (UDS) must be completed by all admitted students as soon as they are notified of their admissions status. The deadline for this additional UDS is July 13, 2023. All admitted students must attach a copy of their UDS report with the NPE form when submitting to the Health Center.

Getting the physical and labs may take time! Reviewing and clearing the physical, including lab test results may require several follow-up visits to complete. It is advisable to make an appointment with your PCP early. Physical exams done by the Health Center nurse practitioner are free (*see below for more information). Make your appointment now.

Accurate completion of the physical form is your responsibility! Please review your physical form before leaving your healthcare provider’s office. Make sure all fields are filled out completely and correctly.

REQUIRED INFORMATION ON THE FORM INCLUDES:

• Tuberculosis Screening- PPD and/or Quantiferon - must submit one of the below (Must be within 1 year and may not expire during semester):
  - A negative PPD (TST-tuberculin skin test)
  - A positive PPD or history of positive PPD with negative chest x-ray(attach copy of x-ray report within 5 years) – A negative Quantiferon test (attach copy of lab report)
  - A positive Quantiferon result requires a follow up negative chest x-ray (attach copy of x-ray report within 5 years)

• Tdap - Must be within 10 years. Tdap may not expire during the semester

• Flu – Must be current seasonal flu vaccine. Proof of vaccination with lot number is required if obtained at Pharmacy.

• Measles, Mumps and Rubella– A titer value (number) that constitutes immunity OR 2 vaccination dates 28 days apart (attach copy of lab report)

• Varicella - A titer value (number) that constitutes immunity OR 2 vaccination dates 28 days apart (attach copy of lab report)

• Respiratory Fit Test Clearance – provides clearance to be Fit tested by Nursing Department/Designee

• COVID-19 Vaccine - proof of the 2 dose series and booster or 1 dose of Johnson and Johnson and booster

• Hepatitis B
  - Hepatitis B surface antibody titer is strongly recommended to verify immunity, but may be declined - Documentation of 3 doses of hepatitis B is acceptable
  - You do not need to have all three doses of hepatitis B to be considered for the program

• Castle Branch drug screen (UDS)
  - UDS – done by Castle Branch only: https://portal.castlebranch.com/uz86
  - A copy of the UDS lab results must be submitted with the nursing physical form.
  - PLEASE NOTE: All positive UDS results will be reported to the Nursing Department.
PLEASE NOTE: Equivocal/Negative titers are NOT accepted. Titers must be positive/reactive. If titers are equivocal or negative, proof of the appropriate vaccination/s must be provided.

The healthcare provider must SIGN, STAMP and DATE PAGE 2 of the physical form.

* **Health Center Physical:** If you would like to have your nursing physical done with the Health Center nurse practitioner please make an appointment by emailing: healthcenter@csi.cuny.edu or calling 718-982-3045 and have your Castle Branch UDS done prior to your appointment. You must bring a paper copy of the results to your appointment. There is no charge for the physical. If you do not have health insurance, lab tests can be done at a reduced fee.

**Submission:** Bring completed nursing physical form with a copy of the CASTLE BRANCH UDS and all lab results to the Health Center in 1C-Room 112. You can schedule an appointment by calling 718-982-3045. Appointments are recommended. **DO NOT EMAIL your NPE/RPE and any lab results.** Students are responsible to follow up on their physical with the Health Center if they do not get an initial approval.

Please note: The Health Center does not process Background Checks or BLS.

Revised 3/13/23