

### **Nursing Physical Examination (NPE) Instructions**

All students applying to or continuing in the AAS Nursing Program are required to submit a completed Nursing Physical Examination (NPE) form with all required laboratory tests and vaccination documentation to the CSI Health Center for review and clearance.

**Physical exam clearance is required before participation in clinical courses and must be completed by the stated deadlines.**

#### **1. Important Deadline**

For Fall 2026, both AAS Nursing Program accepted and continuing students must:

- Complete the physical examination
- Complete all required laboratory tests
- Submit the completed NPE form to the CSI Health Center

**Deadline: July 10, 2026**

Students who do not receive clearance by this deadline may not participate in clinical courses.

#### **2. Complete the NPE Form Correctly**

You are responsible for ensuring the NPE form is fully and accurately completed.

Before leaving your healthcare provider's office, verify that:

- All sections of the form are completed
- Your name and date of birth appear on BOTH pages
- Page 2 is SIGNED, STAMPED, and DATED by the healthcare provider

*Incomplete forms will not be accepted.*

#### **3. Plan Ahead for Your Physical Exam and Lab Tests**

Obtaining a physical exam and laboratory results may take time. Some students require multiple visits to complete all testing.

Students are strongly advised to:

1. Schedule a physical exam as early as possible
2. Allow time to receive lab results
3. Schedule a Health Center (HC) review appointment

#### **4. Health Center Review Requirement**

All NPEs done with outside providers **MUST** be reviewed and cleared at CSI Health Center.

Appointments for a Nursing Physical Review are scheduled according to the following timeline.

<b>Review Dates</b>	<b>Continuing Students (Last Name)</b>	<b>Newly Admitted Students (Last Name)</b>
May 26 – June 5, 2026	A – H	—
June 8 – June 18, 2026	I – M	A – C
June 22 – July 2, 2026	N – S	D – I
July 6 – July 10, 2026	T – Z	J – Z

#### **5. Physical Exams at the CSI Health Center**

- Physical exams performed by the CSI Health Center Nurse Practitioner are **FREE**.
- To schedule an appointment: Visit Room 1C-112 or Call 718-982-3045.
- If you do not have health insurance, laboratory tests may be available at a reduced cost.
- The HC NP will review and clear your NPE once all requirements are met.

## 6. Required Medical Documentation for all students

The following documentation must be included with your NPE form.

### **Tuberculosis Screening (QuantiFERON)**

Submit one of the following:

- A negative QuantiFERON test (attach lab report)
- A positive QuantiFERON test with a negative chest X-ray report within 5 years

TB screening must:

- Be within 1 year
- Must not expire during the semester
  - Fall: valid through December 23
  - Spring: valid through May 23

Clinical Site Requirements

Some clinical sites have stricter requirements:

- Sea View Hospital & Rehabilitation Center (SEV) and South Brooklyn Health (SBH) require TB screening within 60 days prior to the start of clinicals.
- South Beach Psychiatric (SBP) requires TB screening within 6 months prior to start of clinicals.

Students enrolled at these sites may need repeat TB testing, which may not be covered by insurance.

Estimated costs range from \$149–\$535.

### **Tdap Vaccine**

- Must be within 10 years
- Must not expire during the semester
  - Fall: valid through December 23,
  - Spring: valid through May 23

### **Influenza Vaccine**

Students must submit:

- Proof of the current seasonal flu vaccine, OR
- A signed Influenza Vaccination Declination

Proof of vaccination must include:

- Provider name
- Date administered
- Vaccine name and Lot number

Note: Flu vaccination is required by the following clinical sites (declination not accepted):

- South Beach Psychiatric (SBP)
- Silver Lake Care Center (SLK)

### **Varicella (Chickenpox)**

Submit one of the following:

- A positive immunity titer, OR
- Documentation of 2 vaccine doses given at least 28 days apart (attach copy of lab report)

Note: South Beach Psychiatric (SBP) REQUIRES titers.

### **Measles, Mumps, and Rubella (MMR)**

Submit one of the following:

- Positive immunity titers for Measles, Mumps, and Rubella, OR
- Documentation of 2 MMR vaccine doses given at least 28 days apart

Note: South Beach Psychiatric (SBP) REQUIRES titers.

**Marcus Hall (5S) - Room 213**  
**718.982.3810**  
**nursing@csi.cuny.edu**

**Campus Center (1C) – Room 112**  
**718.982.3045**  
**healthcenter@csi.cuny.edu**

**Hepatitis B**

- A Hepatitis B surface antibody titer verifying immunity is strongly recommended
- Documentation of the 2-dose or 3-dose vaccine series is acceptable

Students currently receiving the series may still be considered for the program but must complete the vaccination schedule and submit documentation.

Important:

- Equivocal or negative titers are NOT accepted
- Students must receive appropriate vaccination if titers are not positive

Note: South Beach Psychiatric (SBP) REQUIRES titers.

**COVID-19 Vaccine**

Submit one of the following:

- Documentation of a 2-dose vaccine series
- One dose of Johnson & Johnson
- A recently updated COVID-19 vaccine
- A signed COVID-19 Vaccination Declination

**Respiratory Fit Test Clearance**

The NPE form must indicate that the student has Respiratory medical clearance for respirator fit testing done by the Nursing Department at the College of Staten Island.

**7. Laboratory Requirements for Continuing Students**

Continuing students who are entering NRS 210/211 or NRS 120 and are updating their NPE MUST submit the following laboratory reports (titers - not vaccination records):

- MMR titers
- Varicella titer
- Hepatitis B surface antibody titer
- TB QuantiFERON test

**QuantiFERON must be completed within six (6) months of the first clinical session.**

<b>Nursing Physical Examination (NPE) Completion Schedule</b>					
<b>Initial completion of NPE</b>	<b>For FALL</b>	<b>For SPRING</b>	<b>For FALL</b>	<b>For SPRING</b>	<b>For FALL</b>
	<b>NRS 110</b>	<b>NRS 120</b>	<b>NRS 210/211</b>	<b>NRS 220/221</b>	
NPE Previously completed for Fall AAS Admissions [Completion in summer (June 15 - July 10)]			<b>New NPE needed</b> to be completed in the summer (June 15 - July 10) [MMR, Varicella and Hep B Titer labs. TB within 6 months of first clinical and flu vaccine (early August)]		
		<b>NRS 110</b>	<b>NRS 120</b>	<b>NRS 210/211</b>	<b>NRS 220/221</b>
NPE Previously completed for Spring AAS Admissions [Completion in October/November]			<b>New NPE needed</b> to be completed in the summer (June 15 - July 10) [MMR, Varicella and Hep B Titer labs. TB within 6 months of first clinical and flu vaccine (early August)]		<b>New NPE needed/completed</b> in summer [June-July 10]

### 8. Urine Drug Screening (UDS)

UDS requirements are monitored through CastleBranch.

- **AAS Nursing Program Applicants: Must complete a UDS by April 28, 2026**
- **Accepted students: Must complete another UDS between June 15 and July 10, 2026**
- **Continuing students: Must complete a UDS between June 15 and July 10, 2026**

*UDS compliance is verified directly through CastleBranch by the Nursing Department.*

### 9. Submitting the NPE Form for Review

#### **APPOINTMENTS ARE REQUIRED.**

To schedule an NPE Review appointment: Visit 1C-112 in person or call 718-982-3045.

Students must bring:

- **Two (2) collated copies of the completed NPE form**
- **All laboratory reports and vaccination documentation**

Important:

- NPE forms cannot be emailed
- Students are responsible for following up with the Health Center if clearance is not granted initially

### 10. Final Approval and Upload

Once the Health Center approves/clears the Nursing Physical Exam:

- The NPE form will be stamped on the top right corner of Page 1

Students must then:

- Upload the stamped NPE form to CastleBranch Compliance Tracker

*Forms without the CSI Health Center stamp will NOT be accepted by CastleBranch.*

#### **Important Note:**

The following requirements are managed by the Nursing Department and CastleBranch, NOT the Health Center:

- Urine Drug Screens
- Background checks
- Basic Life Support (BLS) certification