1C-Room112

HEALTH CENTER

718.982.3045

healthcenter@csi.cuny.edu

Students accepted to the AAS Nursing Program are required to submit a completed Nursing Physical Examination (NPE) form with associated labs and proof of required vaccinations to the CSI Health Center for review and clearance for each semester. Physical exams and clearance have very strict deadlines. For Fall 2025, annual exams, required tests, Urine Drug Screen (UDS) and clearance by the CSI Health Center must be completed by July 10, 2025. Submission of the NPE to the Nursing Department office (5S-213) is due by July 15, 2025. A copy of the UDS report (performed between 6/10 and 7/10/2025) will need to be attached with the NPE and received by the Health Center by July 10, 2025.

Getting the physical and labs may take time! Reviewing and clearing the physical, including lab test results may require several follow-up visits to complete. It is advisable to make an appointment with your PCP early. Physical exams done by the Health Center nurse practitioner are **free** (*see below for more information). Make your appointment now.

Full and accurate completion of the physical form is your responsibility! Please review your physical form before leaving your healthcare provider's office. **Make sure all fields are filled out completely and correctly.**

REQUIRED INFORMATION ON THE FORM INCLUDES:

- Tuberculosis Screening- QuantiFERON must submit one of the below (Must be within 1 year and may not expire during semester/December 23rd for fall semesters & May 23rd for spring semesters):
 - A negative QuantiFERON test (attach copy of lab report)
 - A positive QuantiFERON result requires a follow up negative chest x-ray (attach copy of x-ray report within 5 years)
- Tdap Must be within 10 years. Tdap may not expire during the semester of clinical rotation (December 23rd for fall semesters & May 23rd for spring semesters).
- Flu Must be current seasonal flu vaccine. Proof of vaccination with lot number is required if obtained at Pharmacy.
- Measles, Mumps and Rubella— A titer value (number) that constitutes immunity OR 2 vaccination dates 28 days apart (attach copy of lab report)
- Varicella A titer value (number) that constitutes immunity OR 2 vaccination dates 28 days apart (attach copy of lab report)
- Respiratory Fit Test Clearance provides clearance for student to be Fit tested by the Nursing Department Designee
- COVID-19 Vaccine proof of the 2 dose series or 1 dose of Johnson and Johnson or recently administered updated COVID vaccine. Future COVID-19 vaccination recommendations and requirements are under review. Students must comply with any future mandates required by the agency in order to attend clinical and meet course requirements.

Hepatitis B

- Hepatitis B surface antibody titer is strongly recommended to verify immunity. Documentation of 2 or 3 dose series of hepatitis B is acceptable
- If you are in the process of receiving the 2 or 3 doses series of hepatitis B you may be considered for the program. You must receive all follow up doses according to the vaccination schedule and submit proof to the Health Center.
- CastleBranch Urine Drug Screen (UDS)
 - -UDS done by CastleBranch only: https://portal.castlebranch.com/uz86
 - -A copy of the UDS lab results must be submitted with the Nursing Physical Examination (NPE) form.
 - -PLEASE NOTE: All positive UDS results will be reported to the Nursing Department.

PLEASE NOTE: Equivocal/Negative titers are NOT accepted. Titers must be positive/reactive. If titers are equivocal or negative, proof of the appropriate vaccination/s must be provided.

The healthcare provider must SIGN, STAMP and DATE PAGE 2 of the physical form.

* Health Center Physical: If you would like to have your nursing physical done with the Health Center Nurse Practitioner please make an appointment by emailing: healthcenter@csi.cuny.edu or calling 718-982-3045 and have your CastleBranch UDS done prior to your appointment. You must bring a paper copy of the results to your appointment. There is no charge for the physical. If you do not have health insurance, lab tests can be done at a reduced fee.

Submission: Bring two (2) copies of the completed Nursing Physical Examination (NPE) form, CastleBranch UDS and all lab results to the Health Center in 1C-Room 112. You must schedule an appointment by calling 718-982-3045. Appointments are required. DO NOT EMAIL PHYSICAL. Students are responsible to follow up on their physical with the Health Center if they do not get an initial approval.

The CSI Health Center will stamp your Nursing Physical Examination (NPE) form on the top right corner of the first page when it is approved. You must, then, submit this stamped NPE to the Nursing Department as advised.

Please note: The Health Center does not process Background Checks or BLS.

Revised 5/21/25