Students accepted to the Nursing Program are required to submit a completed Nursing Physical Examination (NPE) form with associated labs each semester to the Health Center for review and clearance. Physical exams and clearance have very strict windows of opportunity in which the exams need to be performed and clearance obtained. For Spring 2023, annual exams, required tests and clearance need to be completed as soon as possible upon notification of admission to the AAS Nursing Program. **CASTLEBRANCH URINE DRUGS SCREENS (UDS)** must be completed after **November 1, 2022**. In addition to uploading their UDS report on the Bb 2023 Spring Onboarding organization, admitted students must attach a copy of their UDS report with the NPE form in their email to the Health Center.

**Getting the physical and labs may take time!** Reviewing and clearing the physical, including lab test results may require several follow-up visits to complete. It is advisable to make an appointment with your PCP early. Physical exams done by the Health Center nurse practitioner are **free** (*see below for more information). Make your appointment now.

**Accurate completion of the physical form is your responsibility!** Please review your physical form before leaving your healthcare provider’s office. **Make sure all fields are filled out completely and correctly.**

**REQUIRED INFORMATION ON THE FORM INCLUDES:**

- **Tuberculosis Screening - PPD and/or Quantiferon** - must submit one of the below (**Must be within 1 year**):
  - A negative PPD (TST-tuberculin skin test)
  - A positive PPD or history of positive PPD with negative chest x-ray ([attach copy of x-ray report within 5 years](https://)) – A negative Quantiferon test ([attach copy of lab report](https://))
  - A positive Quantiferon result requires a follow up negative chest x-ray ([attach copy of x-ray report within 5 years](https://))

- **Tdap** - Must be within 10 years. **Tdap may not expire during the semester**

- **Flu** – Must be current seasonal flu vaccine. Proof of vaccination with lot number is required if obtained at Pharmacy.

- **Measles, Mumps and Rubella** – A titer value (number) that constitutes immunity OR 2 vaccination dates 28 days apart ([attach copy of lab report](https://))

- **Varicella** - A titer value (number) that constitutes immunity OR 2 vaccination dates 28 days apart ([attach copy of lab report](https://))

- **Covid Vaccine** - 2 doses of Moderna or Pfizer, 1 dose of Johnson and Johnson and booster

- **Hepatitis B**
  - Hepatitis B surface antibody titer is strongly recommended to verify immunity, but may be declined -
    - Documentation of 3 doses of hepatitis B is acceptable
  - You do not need to have all three doses of hepatitis B to be considered for the program

- **Castle Branch drug screen (UDS)**
  - UDS – **done by Castle Branch only**: [https://portal.castlebranch.com/uz86](https://portal.castlebranch.com/uz86)
  - **A copy of the UDS lab results must be submitted with the nursing physical form.**
  - **PLEASE NOTE:** All positive UDS results will be reported to the Nursing Department.
• Fit test

**PLEASE NOTE: Equivocal/Negative titers are NOT accepted.** Titers must be positive/reactive. If titers are equivocal or negative, proof of the appropriate vaccination/s must be provided.

The healthcare provider must SIGN, STAMP and DATE PAGE 2 of the physical form.

* Health Center Physical: If you would like to have your nursing physical done with the Health Center nurse practitioner please make an appointment by emailing: healthcenternpe@csi.cuny.edu or calling 718-982-3045. There is no charge for the physical. If you do not have health insurance, lab tests can be done at a reduced fee.

Submission: Email completed nursing physical form with a copy of the CASTLEBRANCH UDS lab results to the Health Center at healthcenternpe@csi.cuny.edu in PDF format or upload via CUNYfirst and send upload notification email to the Health Center. Students are responsible to follow up on their submitted physical with the Health Center if you do not get an approval or email response within 2 days.

Please note: The Health Center does not process Background Checks or CPR.

Revised 10/25/22