

HEALTH CENTER

1C - Room 112

718.982.3045

healthcenter@csi.cuny.edu

Full and accurate completion of the Nursing Physical Examination (NPE) form is your responsibility!

Please review your physical form before leaving the healthcare provider's office.

Make sure all fields are filled out completely and correctly.

The healthcare provider must INCLUDE your name and date of birth, SIGN, STAMP and DATE PAGE 2 of the Nursing Physical Examination (NPE) form.

Students applying to the AAS Nursing Program are required to submit a completed Nursing Physical Examination (NPE) form with associated labs and proof of required vaccinations/titers to the CSI Health Center for review and clearance. **Physical exams and clearance have very strict deadlines.** For Spring 2026, both applicants to the AAS Nursing Program and continuing students in the Program must complete annual exams, required tests and clearance by the CSI Health Center by **December 4, 2025.**

GETTING THE PHYSICAL AND LABS MAY TAKE TIME! Reviewing and clearing the physical, including lab test results, may require several follow-up visits to complete. It is advisable to make an appointment with your healthcare provider early. Physical exams done by the Health Center Nurse Practitioner are free (*see below for more information). *Make your appointment now!*

NOTE: A Urine Drug Screen (UDS) must be ordered and completed through CastleBranch between 11/20/25 and 12/4/25. You are not required to submit a copy of your UDS report to your healthcare provider or to the CSI Health Center. UDS compliance will be checked by a Nursing Department designee directly through CastleBranch.

REQUIRED INFORMATION ON THE FORM INCLUDES:

- **Tuberculosis Screening - QuantiFERON** - Must submit **one** of the below. **Must be within 1 year and may not expire during the semester (December 23rd for the fall semester & May 23rd for the spring semester):**

- A negative QuantiFERON test (attach copy of lab report)
- A positive QuantiFERON result requires a follow-up negative chest x-ray (*attach copy of x-ray report within 5 years*)

NOTE 1: Sea View Hospital & Rehabilitation Center (SEV) and South Brooklyn Health (SBH) REQUIRE TB screening within 60 days prior to start of clinicals at these sites. Students going there may be asked to repeat TB screening. The cost of TB screening varies between \$149 and \$535, and a second TB screening may not be covered by insurance.

NOTE 2: South Beach Psychiatric (SBP) REQUIRES TB screening within 6 months prior to start of clinicals.

- **Tdap** - Must be within 10 years. **Tdap may not expire during the semester of clinical rotation (December 23rd for the fall semester & May 23rd for the spring semester).**
- **Flu** – Must be current seasonal flu vaccine or a signed "Influenza Vaccination Declination." Proof of vaccination with lot number is required if obtained at the pharmacy.

NOTE: South Beach Psychiatric (SBP) and Silver Lake Care Center (SLK) REQUIRE the flu vaccine.

- **Varicella** - A titer value (number) that constitutes immunity **OR** 2 vaccination dates 28 days apart (*attach copy of lab report*)
NOTE: South Beach Psychiatric (SBP) REQUIRES titers.
- **Measles, Mumps and Rubella** – A titer value (number) that constitutes immunity **OR** 2 vaccination dates 28 days apart (*attach copy of lab report*)
NOTE: South Beach Psychiatric (SBP) REQUIRES titers.
- **Hepatitis B**
 - Hepatitis B surface antibody titer is strongly recommended to verify immunity. Documentation of 2 or 3 dose series of Hepatitis B is acceptable.
 - If you are in the process of receiving the 2 or 3 dose series of Hepatitis B you may be considered for the program. You must receive all follow-up doses according to the vaccination schedule and submit proof to the Health Center.

NOTE 1: Equivocal/Negative titers are NOT accepted. Titers must be positive/reactive. If titers are equivocal or negative, proof of the appropriate vaccination/s must be provided.

NOTE 2: South Beach Psychiatric (SBP) REQUIRES titers.
- **COVID-19 Vaccine** - proof of the 2-dose series **OR** 1 dose of Johnson and Johnson **OR** recently administered updated COVID vaccine **OR** a signed “COVID-19 Vaccination Declination.”
- **Respiratory Fit Test Clearance** – *provides clearance for student to be **Fit tested by the Nursing Department Designee***

*** Physical at CSI Health Center:** If you would like to have your nursing physical done at the Health Center by the Nurse Practitioner, please make an appointment in person at 1C-112 or call 718-982-3045. There is no charge for the physical exam. If you do not have health insurance, lab tests can be done at a reduced fee.

Submission: Bring 3 copied of the completed Nursing Physical Examination (NPE) form and all lab results to the Health Center in 1C-Room 112. **APPOINTMENTS ARE REQUIRED. You may schedule an appointment** by stopping by 1C-112 in person or by calling 718-982-3045. You must bring three (3) collated copies of the completed physical exam to this appointment. **YOU MAY NOT EMAIL THE PHYSICAL.** Students are responsible for following up on their physical with the Health Center if they do not get initial approval.

The CSI Health Center will stamp your Nursing Physical Examination (NPE) form on the top right corner of the first page when it is approved. You must, then, upload this stamped NPE to the CastleBranch Compliance Tracker. NPE forms without the stamp from the CSI Health Center will not be approved by CastleBranch.

PLEASE NOTE: *The Health Center does not process UDS, Background Checks or BLS.*