





# MOROCCO SUMMER 1 MEDICAL INTERNSHIP

## Centre Hospitalier Universitaire Mohammed VI - MARRAKESH

June 1st - June 27th 2020

	DAILY PROGRAM	Activities and site visits
1-June	Departure from JFK International	Flight AT 0201 Departs at 8:55 pm
2- June	Arrival at Casablanca Airport	Arrives to Casablanca at 8:45 am Visit to the Mosque Hassan II
3- June	Excursion	Marrakesh Medina
4- June	Excursion	Essaouira
5- June	University Hospital	Medical Internship - Orientation
6- June	University Hospital	Medical Internship
7- June	University Hospital	Medical Internship
8- June	University Hospital	Medical Internship
9- June	University Hospital	Medical Internship
10- June	Excursion	Ouirika Valley
11- June	Excursion	Ouzoud waterfall
12- June	University Hospital	Medical Internship
13- June	University Hospital	Medical Internship
14- June	University Hospital	Medical Internship
15- June	University Hospital	Medical Internship
16- June	Excursion	Morning departure from Marrakesh to Rabat then Fes
17- June	Excursion	Morning departure from Fes to Chefchaouen
18- June	Excursion	Afternoon departure from Chefchaouen to Fes
19- June	University Hospital	Medical Internship - Orientation
20- June	University Hospital	Medical Internship
21- June	University Hospital	Medical Internship
22- June	University Hospital	Medical Internship
23- June	University Hospital	Presentation / Certificates
24- June	Excursion	Depart via Atlas mountains and Merzouga to the desert camp
25- June	Excursion	Morning departure from desert camp to Dades via Tinghir
26- June	Excursion	Morning departure from Dades to Marrakesh – GALA dinner
27- June	Departure from CMN International	Flight AT 0200 Departs at 4:10 pm Arrives 7:10 pm to JFK

<sup>\*</sup> Please note that the order of departments may change

## **Excursions and site visits**



## **CASABLANCA**

Old and new, medinas and modern art. Chic and shabby. Casablanca certainly keeps you on your toes. It is also largest city in Morocco so a bit overwhelming. But a day trip is worthwhile, not least to see the contemporary chic Hassan II Mosque, one of the world's largest, towering over the Atlantic. You can even see the sea bed under its floor, and laser pointing to Mecca.



## ATLAS MOUNTAINS

This has been on the expert explorers' radar for a long time, but lovers of Moroccan souks and seaside are now starting to embark on journeys up to its magnificent peaks. Hardcore hikers head for the High Atlas' Mount Toubkal but there is superb walking to be had in the lower Atlas range too, with welcoming Berber people at wonderfully remote mountain villages.



#### **CHEFCHAOUEN**

This beautiful blue painted town appears in the slopes of the Rif Mountains like a sapphire glinting through a rock face. Perhaps inspired by its aesthetic, it has also become a center for quality artists and artisan crafts people. Immersed in history, it protected the region from the invading Portuguese in the 15th century, and the museum is a must. Although its charming living culture is the real highlight.



#### FF7

If Marrakech is the lion, Fez is the tiger. The one that doesn't need to roar about how beautiful it is, and long admired for its innate elegance. It has a superbly preserved ancient Islamic heritage, with Attarine Madrassa, Moulay Idriss mausoleum and Karaouine Mosque as highlights. Its heart is the labyrinthine, car-free Fez el-Bali medina. The Fez Festival of Sacred Music in June is a fab event too.



#### **MARRAKECH**

Marrakech wears its heart on its sleeve. It's out there. Bombarding the senses, enticing you out of your comfort zone and welcoming you into the fiesta. A fiesta of food, with spices, exotic fruits and mint tea everywhere. A fiesta of sounds. Drumming, snake charming, haggling. And a fiesta of culture, with the Koutoubia Mosque its center-piece and Jemaa El-Fna Medina where all the action happens.



## **MEKNES**

Only 45 minutes from Fez, this iconic Isma'ilian town is a UNESCO World Heritage Site, where you can stroll round the architectural and cultural highlights such as the Bab Mansour gate, Royal Stables, the old Habs Qara underground prison and the Jewish quarter, without being hassled. As it's still not on the mass tourism trail. It's also the nearest city to the Roman ruins of Volubilis.



#### MOUNT TOUBKAL

The Atlas Mountains are one thing, but its highest point is one of the mothers of mountaineering. At 4,167m, it is the highest peak in North Africa. Even in spring and summer this is a strenuous hike when you need expert guidance and support. And in winter it's a whole other ballgame again, when crampons, ice picks and a serious commitment to winter climbing come into play.



#### **OUARZAZATE**

If you know the movies Lawrence of Arabia, Gladiator, Babel and Salmon Fishing in the Yemen you will have a clear picture of Ouarzazate already, as they were all shot here, its wild, desert landscapes and untouched villages proffering timeless backdrops. It's the latest activity hub for adventurers heading into the mountains, desert and valleys.



## **RIF MOUNTAINS**

Much upstaged by the Adonis-like Atlas Mountains, think of the Rif Mountains as his Aphrodite. More curvaceous, less Alpha Male somehow. In other words, the hiking is more laid back with remote hamlets and the Talassemtane National Park which is home to rare flora and fauna including Barbary Macaques, golden eagles and black kites. And at its heart, the gorgeous town of Chefchaouen, shining blue like Aphrodite's finest jewel.



## **TODRA GORGE**

Also known as the Todgha Gorge, this canyon is located in the eastern part of the High Atlas Mountains near the town of Tinerhir. The pink and orange limestone cliff walls are aglow not only with the sunlight that catches it at various points, but also with the buzz of serious climbers, who discovered this Atlas adventure center a while back.



#### SAHARA DESERT

From small buffer towns, such as Zagora and Erfoud, take a camel ride into the dunes. If you remember the first time you saw the Alps, this is a similar thump in the chest moment, like you've landed in the heart of greatness. You will get the chance to camp the night in the middle of the desert where you can see the milky way.