OPTION 01

**POPULAR MUSIC of the 1960’s**

The British Invasion and its Effect on Today’s Music

**Mitchell Lehrer**

We will examine the British Invasion for every year from 1962 to 1969. We will discuss the popular groups and singles; but we will also discuss the groups and singles that were not so popular.

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OPTION 02

**BASEBALL**

Al Grillo

We saw them play and now we will rank them. Players from the 1960s, 1970s, and 1980s. Join us for a lively and fun discussion each week.

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OPTION 03

**Broadcast Public Service Announcements and Promotions**

David Frankel

This class will explore the creation of commercials, public service announcements, and promotions for radio and TV. We will identify the good, the bad, and the ridiculous announcements.

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OPTION 04

LEARN TO PLAY
GUITAR & SING

“Mr. Lou” Russo

Mondays – In Person Class*
1:25pm – 2:15pm

7 Sessions
2/28, 3/7, 3/14, 3/21,
3/28, 4/4, 4/11

I will show you what the guitar is all about including the early basic fundamentals. If you already have some knowledge, or have taken my previous “Options” Guitar course, that will help. If not, I will give you special time to catch up. I will cover learning the fret board, notes, strings, and some readings too. I will teach you songs that you can actually, play and sing. I will touch upon classics like Malaguena, the Beatles, Folk, Blues, Rock, and even Tin Pan Alley. You will also learn “Finger Picking.” Students should be prepared with a guitar, acoustic or electric. A tuner, such as a “SNARK” and a “CAPO” are a good idea, but not mandatory.

OPTION 05

SHAKESPEARE

The Tempest

Joan Hartman

Mondays – In Person Class*
2:30pm – 4:25pm

6 Sessions
2/28, 3/7, 3/14,
3/21, 3/28, 4/4

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*The Tempest* is Shakespeare’s last play. He’s often identified with one of its major characters, Prospero, who has magical powers, and the play has been seen as his farewell to the stage. Like most conjectures about Shakespeare’s creative life, this identification is airy speculation. *The Tempest*, like *The Winter’s Tale*, is usually called a romance, though it could also be called a tragicomedy. We’ll look at the play’s plotting, characterization, language, and staging.

The Folger edition is recommended.
OPTION 06

LEARN THE COMPUTER

Doriann Hyland

Monday – Virtual Class
6:30pm – 7:30pm

6 Sessions
2/28, 3/7, 3/14,
3/28, 4/4, 4/11+
+Last Class is 2-hours
from 6:30pm to 8:30pm.

Introduction to Zoom
Learn how to create a personal Zoom account, schedule meetings with friends and family, and host meetings.

Introduction to Email
Learn how to create an email account, send emails, attach documents, and manage emails.

Introduction to the Internet
Learn how to surf the internet safely.

Introduction to MS Windows
Learn how to customize your desktop and the Microsoft Windows operating system basics, including understanding terminology like desktop, start menu, start bar, folders, files, etc.

Introduction to MS Word
Learn the basics of MS Word. Get your MS Word questions answered, including formatting and saving a document.

+Introduction to MS Excel
Learn the basics of MS Excel. Get your MS Excel questions answered, including formatting a document, doing basic calculations, and saving a document. +2-hour class from 6:30pm to 8:30pm.

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OPTION 07

WALKING ON IDIOMS

Thomas Wortmann

Tuesdays – Virtual Class
10:10am – 11:00am

6 Sessions
3/1, 3/8, 3/15,
3/22, 3/29, 4/5

Idioms: Redone, Resorted, Updated and Revisited!

OPTION 08

THE BIBLE

John Petersen

Tuesdays - Virtual Class
11:15am – 12:05pm

7 Sessions
2/22, 3/1, 3/8,
3/15, 3/22, 3/29
4/5

This course will explore the ancient Near Eastern roots of the Bible, the history of some of its books, and the documents that constitute the Bible. We will also explore the various treatments the Bible has received as either secular evidence, sacred text, or both.

The course will include lectures on the primary critical theories that have been advanced in the last few centuries. We will discuss their value in better understanding the processes by which the texts were composed, copied, edited, translated, and employed for better or worse.

Included in the course is a review of the relationship to the modern sciences, as well as the nature and efficacy of the settings which we encounter in the religious traditions found on Staten Island. Lastly, we will discuss the difference between “Bible Study” and “Bible Sharing.”

Finally, we will study a historical survey of outstanding attempts the best and most well-known of Biblical scholars have made to better understand to what extent and in what way the texts may be considered “sacred.” We will review what this means and how it might influence the similarly continuing attempts to reconcile the variety of disagreements of interpretation and subsequent application in our culture, politics, society, and legal systems.

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**OPTION 09**

**THE CONSTITUTION & THE SUPREME COURT CASES**

Alan Meyers

The goal of this course is to illuminate the original foundation of our American Civic culture by reenacting THE GREAT DEBATE, over ratification of the proposed constitution. We will focus on the more profound intellectual and prolific levels of the controversy centered on the competing republican vision held by the Proponents of the Constitution “Federalists” and their opponents the “Anti-Federalists”.

We will also try to determine what a group of 18th century scholars, farmers, businessmen, soldiers, and politicians really meant by the words they wrote. We will discuss what they would have done if they were faced with a 21st century they could not have envisioned. The power of “Judicial Review” is virtually limitless. It encompasses the right to void the decisions of township officials, Mayors, Governors, and the President of the United States. It includes the right to strike from the book any township ordinance, state law or an ACT OF CONGRESS. John Adams first called it a government of law, not men.

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**OPTION 10**

**STATEN ISLAND HISTORY**

Patricia Brady

Let’s go back in time to when the mastodons migrated from Russia 10,000 years ago through the first indigenous Lenape Indians and beyond. This class will explore how Staten Island was.

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**OPTION 11**

**KNOW YOUR ANTIQUES & COLLECTIBLES**

Madeline Mandel

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Explore the history of objects and eras in the field. Bring and show an item for research and appraisal.

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**OPTION 12**

**THE THEATRE APPRECIATION EXPERIENCE**

With Moonlight Productions I

Christine Zahra & Victoria Venezia

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**Tuesdays – Virtual Class**

2:30pm – 4:15pm

**4 Sessions**


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**Tuesdays – Virtual Class**

4:40pm – 5:30pm

**5 Sessions**

2/22, 3/1, 3/8, 3/15, 3/22+

+Last class will be from 4:40pm – 6:20pm

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**Please Note:** This class is being offered virtually twice this Spring. Students are welcome to sign up for both offerings of the class as the class material in each session is different. Journey to another world with Moonlight Productions: **THE THEATRE WORLD!** Learn what it’s like to live there and how easy it is for you to be a part of it! Full of fun activities and loads of laughs!

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OPTION 13

THE THEATRE
APPRECIATION
EXPERIENCE
With Moonlight
Productions II

Christine Zahra &
Victoria Venezia

Tuesdays – Virtual
Class
4:40pm - 5:30pm

5 Sessions
4/5, 4/12, 4/26,
5/3, 5/10+

+Last class will be
from 4:40pm – 6:20pm

Please Note: This class is being offered virtually twice this Spring. Students are welcome to
sign up for both offerings of the class as the class material in each session is different.
Journey to another world with Moonlight Productions: THE THEATRE WORLD!
Learn what it's like to live there and how easy it is for you to be a part of it! Full
of fun activities and loads of laughs!

OPTION 14

BECOMING
MASTER WARRIORS
IN THE PRESENT
MOMENT

Catherine Bridges

Wednesdays – Virtual
Class
9:05am – 11:00am

4 Sessions
3/16, 3/23, 3/30,
4/6+

+Last class will be from
9:05am – 9:50am

Experience self-care without fear while living in the great unknown.
Meditation, Visualization, and Group Theory will be part of our class.

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Options 06 – Learn the Computer, which will remain virtual.
OPTION 15

THE LANGUAGE OF FILM

John Paul Culotta

Wednesday – Virtual Class
9:30am – 12:00pm
3 Sessions
2/23, 3/2, 3/9

View and discuss classic and contemporary movies, including one film on New York City.

OPTION 16

THE LANGUAGE OF FILM

Fred Grieco

Wednesday – Virtual Class
9:30am – 12:00pm
4 Sessions
4/13, 4/27, 5/4, 5/11

View and discuss classic and contemporary movies, including one film on New York City.

OPTION 17

FIRST LADIES

Alan Meyers

Wednesdays – Virtual Class
12:20pm – 1:10pm
11 Sessions

Beside every great man there is a woman, and a surprise mother-in-law. Besides Martha, Abigail, Eleanor, and Hillary there are many first ladies that you never heard of and how they affected the Presidency.

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OPTION 18

**LEARN TO KNIT AND ENJOY THE CRAFT!**

Dianne Frankel

Learn knitting techniques for casting on, knitting, purling, binding off, and more. Start your own cowl, scarf or poncho while learning the basic of a fun, creative hobby.

Knitters of all skill levels will learn how to join in the round “magic loop” technique and how to create stitches or lace patterns.

Patterns and instructions will be provided at the first class.

OPTION 19

**SELF-IMPROVEMENT SENIOR STYLE**

Ellen Simonetti

In this workshop, you will have an opportunity to create positive change in your life by increasing your self-awareness, promoting more positive thinking patterns, creating new habits and setting goals. You will invest in the most valuable asset in the world: *yourself*.

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**OPTION 20**

**LAW OF ATTRACTION III**

Stress Management

Connie Tabbitas

**Wednesday – Virtual Class**

2:30pm – 3:20pm

**7 Sessions**


The *Law of Attraction* can be understood as “like attract like”. What this means is that whether we realize it or not, we are responsible for bringing both positive and negative influences into our lives. A key part of the *Law of Attraction* is understanding that where you place your focus can have an intense impact on what happens to you.

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**OPTION 21**

**MOVING THRU MINDFULNESS**

Stephanie Parello

**Thursday – **In Person Class**

9:05am – 9:55am

**7 Sessions**


Are you looking to improve your health, develop more flexibility, increase your balance, promote better circulation, all while building mindfulness?

Expand your horizons with ancient techniques and modern science.

Suitable for novice to intermediate.

Wear comfortable shoes and clothes to move around in.

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OPTION 22  UNMINED GOLD  Thursdays – *In Person Class*

10:10am – 11:00am

Peter Whitehouse

If you have a mine to look hard enough, gold can frequently still be found in abandoned mines previously considered “worked out”. Certain historical events and people can be a kind of overlooked gold too. This course will survey history prospecting similarly for unworked “things sparking and collectable”, and not just “fool’s gold”, (Iron pyrite). Some topics:

- The US Constitution and Human Rights
- Written “History” that is really “Memorializing”
- Battle of Teutoburg Forest (a second look.)
- Qanon
- Manuscripts, the lines and between the lines
- Seven theses on Renaissance Women

OPTION 23  TRAVELING THROUGH HISTORY  Thursdays – *In Person Class*

11:15am - 12:05pm

6 Sessions
3/17, 3/24, 3/31, 4/7, 4/14, 4/26

Traveling Through History is an educational and informational series of lectures designed to spark interest and enthusiasm in students to learn about the rich and fascinating history by traveling to diverse locations across the world. Traveling Through History is an adventure through early European history, as well as North and South American history that tells us stories of the people, places, and events that shaped the institutions of the world.

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\hspace{1cm}

\textbf{OPTION 24} \hspace{2cm} \textbf{INTERNET SCAMS} \hspace{2cm} \textbf{Thursday – \textit{In Person Class}*} \\
\hspace{1cm} John Rossi \hspace{2cm} 11:15am – 12:05pm \\
\hspace{1cm} 1 Session \hspace{2cm} 5/5/22

The coronavirus pandemic finds most of the nation at home and people are communicating online even more than ever before. Lonely people are more susceptible to romance scams as they turn to online dating or social networking sites to meet someone. Romance scammers create fake profiles on dating sites seeking their perfect targets of people over 50, widow/widower or divorcee. The scammers strike up a relationship with their targets to build their trust, make up a story, and eventually ask for money.

Phishing is a type of online scam that targets consumers by sending them an e-mail that appears to be from a well-known source, an internet service provider, a bank, or a mortgage company. It asks the consumer to provide personal identifying information. Then a scammer uses the information to open new accounts or invade the consumer's existing accounts.

If you have any questions at all, please let me know.
I look forward to working with you again.

\hspace{1cm}

\textbf{OPTION 25} \hspace{2cm} \textbf{CARD PLAY} \hspace{2cm} \textbf{Thursday – \textit{In Person Class}*} \\
\hspace{1cm} Robert Jaffe \hspace{2cm} 1:25pm – 2:15pm \\
\hspace{1cm} 7 Sessions \hspace{2cm} 2/24, 3/3, 3/10, 3/17, 3/31, 4/7, 4/14

Learn and play blackjack and poker for fun. Beginners, intermediates, and experts are welcome.

\hspace{1cm}

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Happiness is our birthright. Observe young children and see how easily joy comes to them. They approach life with an open heart, free to love without placing conditions on the object of their love. The *Pursuit of Happiness* is more than a class, it is a journey back to ourselves. You will see how things like judgementalism, and perfectionism interfere with our happiness, and how choice, unconditional love, gratitude, and compassion put us on the road back to happiness. The course includes guided mediations and other experiential elements in which the participants will develop “happiness skill.”

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**OPTION 26  PURSUIT OF HAPPINESS**

Harold Hellman

**OPTION 27  EMBROIDERY**

Betsy Wilson

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**OPTION 26  PURSUIT OF HAPPINESS**

*In-Person Class*
2:30pm – 3:20pm

5 Sessions
3/3, 3/10, 3/17, 3/24, 3/31

**OPTION 27  EMBROIDERY**

*In-Person Class*
2:30pm – 4:00pm

4 Sessions
4/7, 4/14, 4/28+, 5/5+

+Last two classes will be 2 hours

Join the circle, sit and stitch, share and talk. A brief history of embroidery, an interest in this delightful expression of creativity will be explored.

**Supply List:**
- A set of embroidery needles
- A set of embroidery threads
- Hoop
- Stamped design
- Little scissors
<table>
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<tr>
<th>OPTION 28</th>
<th>ULYSSES S. GRANT AND THE BATTLE OF SHILOH</th>
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<tbody>
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<td>Fridays – Virtual Class</td>
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<td>8:30am – 12:00pm</td>
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<td>We will take a Break</td>
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<td>2 Sessions</td>
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<td>5/6, 5/13</td>
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Join us for a look at the life of the Civil War’s greatest military hero, Ulysses S. Grant, and a detailed study of the Battle of Shiloh. The course will also include an overview of the events of the second year of the war, 1862, and will emphasize the Union successes in the Civil War in the West (called the Western Theater).

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<th>OPTION 29</th>
<th>WHAT’S IN A WORD?</th>
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<td>Fridays – Virtual Class</td>
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<td>10:10am – 11:00am</td>
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<td>2 Sessions</td>
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<td>2/25, 3/4</td>
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Discover and compare the criteria for the selection of “Word(s) and Expression(s) of the Year 2021” as determined by The National Council of Teachers of English, The American Dialect Society, and Dictionary.com. Share your own choices.

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OPTION 30  
MORE MYTHS ALIVE!  

Anne Devlin  

Fridays – Virtual Class  
10:10am – 11:00am  

3 Sessions  
3/11, 3/18, 3/25  

Discover and discuss an eclectic array of mythological allusions in everyday life.

OPTION 31  
INTRODUCTION TO DRAWING AND PAINTING  

“Mr. Lou” Russo  

Fridays – Virtual Class  
11:15am – 12:05pm  

7 Sessions  
2/25, 3/4, 3/11, 3/18, 3/25, 4/1, 4/8  

I will show students how to properly look at objects and analyze them as shapes first, and then put them into proper perspective and capture them on paper or canvas. I will explain the difference between “just another picture, and real “ART”. I will touch upon DaVinci, Disney, Frida Kahlo, and even Naruto “Anime”.  

Though not mandatory, students should be prepared with large Strathmore pads, tracing pads, basic watercolor sets with brushes, charcoal drawing sticks, black pencils, a kneaded eraser, and color marker. Acrylics or oil paints, and small canvas are also optional.

STUDENT CLUB  
“THE GROUP”  

Fridays – Virtual Class  
12:20 – 2:15pm  

Every Friday  

COME JOIN THE FUN!  
We get together every Friday. Meet and socialize with other Options members.  

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