

SAMPLE CAREER DEGREE MAP Psychology BS 2024-Present |Total Credits Required: 120

Year One - First Semester Academic Program 🗦		
Course Number & Title Mi	n. Grade	Cr.
ENG 111 ENGLISH COMPOSITION		3
MTH 122 FUNCTIONS & MODELS IN COLLEGE ALGEBRA		4
WORLD CULTURES & GLOBAL ISSUES		3
US EXPERIENCE IN ITS DIVERSITY		3
CREATIVE EXPRESSION		3
Total Credits:		16

← Year One - First Semester Career Reading	ess
Recommended Career Milestones	Done
Log In to Handshake Account with Career Services	
Create a Draft Resume or Start Building a Basic Resume	
Join a Psychology-Related Student Club or	
Organization	

Year One - Second Semester Academic	Pro	gram	→
Course Number & Title M	in. G	rade	Cr.
ENG 151 INTRO TO COLLEGE WRITING			3
LIFE & PHYSICAL SCIENCES			3
LIFE & PHYSICAL SCIENCES LAB			1
PSY 100 PSYCHOLOGY		С	3
ELECTIVE			4
Total Credits:			14

Year Two - First Semester Academic Pro	gram •	→
Course Number & Title Min.	Grade	Cr.
ANY FLEXIBLE CORE COURSE		3
200-LEVEL SOCIAL SCIENCE OR TALA		4
PSY 201 FOUNDATIONS OF PSYCHOLOGY RESEARCH	С	4
PSY 200-LEVEL		4
Total Credits:		15

Year Two - Second Semester Academ	ic Program	→
Course Number & Title	Min. Grade	Cr.
SCIENTIFIC WORLD		3
SCIENTIFIC WORLD LAB		1
200-LEVEL SOCIAL SCIENCE OR TALA		4
PHYSIOLOGICAL: PSY 232 OR 239		4
ELECTIVE		3
Total Credits:		15

← Year One - Second Semester Career Readin	iess
Recommended Career Milestones	Done
Create a LinkedIn Account to connect with	
classmates and professors.	
Explore Career Options for Psychology Majors	
Attend Career Center for Professional Development	
Events and Internship Fairs	
Create a Draft Cover Letter	

← Year Two - First Semester Career Readine	ess
Recommended Career Milestones	Done
Develop a Network of Contacts Through LinkedIn	
Update Your Resume	
Find a Mentor You Can Check in With Periodically	
Start Your Internship Search	
Look for Summer Research Opportunities	

← Year Two - Second Semester Career Readin	ness
Recommended Career Milestones	Done
Join a Student Professional Organization like the	
American Psychological Association (APA) to	
access resources and networking opportunities.	
Use LinkedIn to Start Marketing Yourself and	
Building Professional Relationships	
Attend Basic Interview Workshops	
Identify Skills That You Need to Build Outside of the	
Classroom	



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Year Three - First Semester Academic	: Program	→
Course Number & Title	lin. Grade	Cr.
PSY 266 STATISTICS IN PSYCHOLOGY	С	4
DEVELOPMENTAL: PSY 241 OR 242		4
ELECTIVE		4
ELECTIVE		3
Total Credits:		15

 Year Three - First Semester Career Reading 	iess
Recommended Career Milestones	Done
Refine Your Resume	
Continue to Apply for Internships	
Research Graduate School or Other Post-Graduate Opportunities	
Practice Advanced Interview Techniques	

Year Three - Second Semester Academic	Program	→
Course Number & Title Min	Grade	Cr.
PSYCHOLOGY LAB: PSY 330 OR 333 OR 334 OR 335		6
COGNITIVE: PSY 288 OR 342 OR 385		4
ELECTIVE		4
ELECTIVE		1
Total Credits:		15

← Year Three - Second Semester Career Readiness	
Recommended Career Milestones	Done
Take Leadership Roles in Clubs and Organizations	
Attend Career Center for Professional Development	
Events and Internship Fairs	
Take online courses with Coursera, LinkedIn	
Learning, or edX to learn more about Health	
Psychology, Mental Health, Industrial and	
Organizational Psychology	
Explore Career Options and Tasks with Virtual Work	
Experiences	

Year Four - First Semester Academic Program 🔶				
Course Number & Title	/lin. Grade	Cr.		
PSY 200-LEVEL OR PSY 300-LEVEL		4		
PSY 300-LEVEL		4		
ELECTIVE		4		
ELECTIVE		3		
Total Credits:		15		

← Year Four - First Semester Career Readiness		
Recommended Career Milestones	Done	
Meet with a Career Advisor for Job Search Preparation		
Use LinkedIn to Let Contacts Know You Are Looking for Employment		
If Appropriate, Complete the Process of Applying to Graduate School		

Year Four - Second Semester Acade	mic Program	→
Course Number & Title	Min. Grade	Cr.
PSY 352 HISTORY OF PSYCHOLOGY		4
ELECTIVE		4
ELECTIVE		4
ELECTIVE		3
Total Credits:		15

← Year Four - Second Semester Career Readiness		
Recommended Career Milestones	Done	
Actively Apply for Jobs		
Attend Networking Events and Career Fairs		
Final Interview Preparation		
Participate in Senior Showcase Events or Conduct		
Research Projects to Develop Analytical and Data		
Interpretation Skills		