Soup and Salads

Soup Du Jour
Cup........$3.95   Bowl......... $4.95

Small Garden Salad $4.50
Mixed greens with red onions, tomatoes and carrots your choice of dressing

Add to your salad: Grilled Chicken Breast…$2.95 Baked Salmon… $9.85

Mediterranean Salad $11.50
Mixed greens topped with sliced red onions, tomatoes, cucumber, Kalamata olives and crumbled feta cheese served with homemade falafel, stuffed grape leaves, hummus and crispy filo bundles of spinach, Feta cheese and grilled flat bread.

Grilled Chicken and Fruit Salad $11.50
Mixed greens topped with grilled chicken breast, blueberries, pineapple, mandarin orange, seasonal fruits, cucumber, red onions, and mango vinaigrette.

Caesar Salad $5.95
Romaine lettuce tossed with traditional Caesar dressing, parmesan cheese and homemade seasoned croutons. Add grilled chicken $4.00
Sandwiches and Such

**BBQ Chicken Melt $9.25**
Oven roasted BBQ chicken breast topped with sundried tomato pesto, smoked bacon, fresh arugula, and sliced chipotle cheese served on a grilled Panini

**Gyro**: Spicy grilled lamb and beef strips, lettuce tomato onions, cucumbers on a grilled pita bread with Tzatziki sauce

**Red Quinoa Wrap $8.75**
Nutritious Red Quinoa mixed with chick peas, cucumbers, red bell pepper, sweet corn, kale, and feta cheese wrapped in a whole wheat tortilla.

**Turkey Club Sandwich $8.75**
Sliced breast of turkey on toasted white bread with Swiss cheese, bacon lettuce and tomato.

Pasta Dishes

**Macaroni and Cheese $5.95**
Chef Jeff’s famous rich and creamy mac and cheese

**Cheese Filled Fried Ravioli $9.25**
With marinara sauce dip

**Alfredo Delight $10.95**
Penne pasta with creamy Alfredo sauce with broccoli florets and your choice of chicken or shrimp. Served with garlic bread stick
**Luncheon Platters**

**Chef Jeff’s Flying Macaroni and Cheese $10.95**  
Chef Jeff’s famous rich and creamy macaroni and cheese served with chicken wings, choose from spicy, sesame, or bbq

**Chicken and Waffles $10.95**  
Skewers of crispy chicken tenders paired with light and fluffy Belgian waffles.

**Baked Salmon Fillet $14.95**  
Salmon fillet baked with seasoned bread crumbs served over your choice of salad greens or spinach and savory Orzo.

**Luncheon Platter of the Day priced accordingly**  
Ask your server

**Shrimp Scampi $13.95**  
Baby Shrimp sautéed with butter and white wine served with spinach and savory Orzo.

**Burgers**

**Angus Beef 5 oz Burger $6.50**  
Add cheese $1.25

**California Turkey Burger $8.35**  
With cheddar jack cheese, bacon and guacamole

**Mushroom, Bacon and Swiss Burger $8.35**  
Angus beef 5 oz burger with…you guessed it…with mushrooms, bacon and Swiss cheese.

**Italian Pizza Burger $7.50**  
Angus beef 5 oz burger with melted mozzarella and marinara sauce
**Rustic Style Pizza $8.95**
Personal sized grilled flatbread pizza

**Classic:** Melted mozzarella cheese with Italian spices, tomato sauce

**Taco:** Salsa, ground beef, jack cheese, lettuce, tomato, sour cream

**Pepperoni:** Melted mozzarella cheese with Italian spices, tomato sauce and pepperoni slices

**Buffalo Chicken:** Crispy marinated chicken fritters in our own special buffalo sauce, topped with crumbled blue cheese, served with celery & carrot sticks.

**Sides**

**Sweet Potato Fries $4.85**
Sweet, salty and crispy fries served with chipotle mayo dip

**House Fried Chips $2.25**
Thinly sliced potato crispy fried tossed with salt. Can’t just eat one!
**Dessert**

Chocolate Cake $3.85  
NY Style Cheese Cake $4.50  
Pudding (Chocolate, Vanilla, rice) $2.75  
Fresh Fruit Salad $3.95

**Beverages**

Soda/ Iced Tea $1.85  
Coffee/ Tea $2.00  
Herbal Tea $2.00  
Hot Chocolate $2.75  
Juice $2.00