

Course Offering

OPT 01

A Deeper Perspective
Mitchell Lehrer

10:00am – 11:00am
7 Sessions
3/11, 3/18, 3/25,
4/1, 4/8, 4/15, 4/29
Room – 2N-114

This course will explore the more obscure rock music from the 1960's. There are a lot of hidden musical "gems" from the 1960's that most people are not aware of. Topics discussed will include:

- Lesser known songs of popular bands/individuals from the 1960's
- Songs from the 1960's by bands/individuals who didn't become household names until the 1970's
- Rock bands from the 1960's that were never very successful (although talent-wise, they should have been.)

Also the genre of garage rock will be discussed, both in its heyday in the mid-1960's, as well as the garage rock bands of today. If you are a true devotee of 1960's rock music like myself, this course is for you.

OPT 02

**HOW TO CROCHET A
RECYCLED POOL OR
BEACH BAG**
Lucy Smith

Monday
12:00pm – 3:00pm
2 Sessions
3/11, 3/18
Room – 2N-114

Come join the fun! Let's make a pool or beach bag with recycled plastic bags. Bring crocheting needle (any size) and a pair of scissors. No need to know how to crochet. Start collecting recycled plastic bags!

OPT 03

**KNOW YOUR ANTIQUES
& COLLECTIBLES**

Madeline Mandel

Monday

12:30 – 2:00pm

5 Sessions

4/8, 4/15, 4/29,

5/6, 5/13

Room – 2N-114

Explore topics and era as part of our study. Students are encouraged to bring in an item for research/appraisal.

OPT 04

SHAKESPEARE'S *HENRY V*

Joan Hartman

Monday

1:30pm – 3:20pm

7 Sessions

3/11, 3/18, 3/25,

4/1, 4/8, 4/15,

4/29

Room – 2N-217

We'll read another of Shakespeare's historic plays, in which Prince Hal, the scapegrace Crown Prince of Henry IV Part I, as Henry V conquers France. There will be a seventh class to see *The Chimes at Midnight*, Orson Welles's film abridgement of the two Kings Henry IV and Henry V; Welles of course plays Falstaff.

Please buy the Folger edition of *Henry V* at \$5.99.

OPT 05

EDUCATIONAL TRIVIA

Henry Plotkin

Monday

2:30pm – 3:30pm

7 Sessions

3/11, 3/18, 3/25,

4/1, 4/8, 4/15,

4/29

Room – 2N-102

You have no place for your worldly knowledge. Join us for trivia that covers a diverse range of subjects. The format will involve small groups, probably three or four, competing against each other. The following is a partial list of the topics covered:

- The Woodman – The movies of Woody Allen
- Poly The Many – Words with the prefix, poly
- They Got the Goods and the Money – Fortune 500 brands
- A Picture is Worth - Photos of historical significance
- The US Without the Map – Participants name bordering states without the use of a map
- The Prestigious Eight – Ivy League Schools
- Call Me a Doctor – Well known doctors of the past and present
- Before Their House Was White and Their Hair Was Gray – Photos of Presidents before they were President
- I Love Paris – Places to visit in Paris

OPT 06

THE PURSUIT OF HAPPINESS

Harold Hellman

Tuesday

10:30am–12:00pm

5 Sessions

3/12, 3/19, 3/26,

4/2, 4/9

Room – 2N-217

This course discusses the importance of happiness; the difference between something making you happy in the moment and happiness as an ongoing experience; the relationship between perfection, choice and happiness; and the core elements which lead to a happy life. The course includes a guided meditation and other experiential elements in which the participants will develop “happiness skills.”

OPT 07

CUBA

Magical, Vibrant and Passionate

John Rossi

Tuesday

11:30am-12:30pm

1 Session

3/12

Room – 2N-003

In 1951 while living in Cuba, Ernest Hemingway’s novel “The Old Man and the Sea” was awarded the Pulitzer Prize. The Cuban health system is recognized worldwide for the excellence and efficiency. Modern Cuban dance styles emerged when European settlers and African slaves fused traditional dances to form a distinct and unified Cuban culture.

OPT 08

CAPTIVATING CUBA

Rich in Treasures

John Rossi

Tuesday

11:30am -12:30am

1 Session

3/19

Room – 2N-003

From Havana to Hamburg, Cuban cigars are prized as the very best in the world. Cuba has excellent conditions for producing tobacco, and several hundred years of growing experience. In Havana, the Castillo de la Real Fuerza is one of Latin America’s most beautiful castles. Since 1982, the castle became a UNESCO World Heritage Site. About 400 sunken Spanish ships lie in and around the Havana harbor. The ships contain gold bullion, silver coins, ingots, gems and emerald studded jewelry worth billions of dollars.

OPT 09**EXPLORE CUBA**

John Rossi

Tuesday

11:30am – 12:30pm

1 Session

3/26

Room – 2N-003

The Cuban Missile Crisis was a famous event during the Cold War between the United States and the Soviet Union. Caused due to the placement of nuclear missiles in Cuba by the Soviet Union, it was the closest the Cold War came to escalate into a full-scale nuclear war. Cuba is by far and away a Latin American leader in the Olympics having won over 200 medals. Boxing is the country's most prolific Olympic sport which has brought Cuba a total of 67 medals.

OPT 10**EASY MATH ADDS UP TO FUN**

Allan Meyers

Tuesday

12:30pm-2:00pm

8 Sessions

3/12, 3/19, 3/26,

4/2, 4/9, 4/16

4/30, 5/7

Room – 2M-213

If you think $3+2=5$, then this course is for you. With simple arithmetic you can learn to play Roulette, Black Jack, Texas Hold'em, and many other games.

OPT 11**GEOLOGICAL HAZARDS**

Patricia Brady

Tuesday

12:30pm – 2:00pm

3 Sessions

3/19, 3/26, 4/2

Room – 2N-217

This course will cover the geological disasters and hazards on earth. Some of the topics will include some of the complex natural events that have happened on our planet. Some of these topics include earthquakes, volcanic eruptions, landslides, wildfires, cyclonic storms, floods, drought and avalanches.

Also, I will discuss the social, cultural and global implications that humans will be faced with; along with how people can be warned and prepared before and after these natural occurrences arise.

OPT 12**ABOUT THE ARTS**

Take 4 – “Rolling”
Harvey Rosensfit

Tuesday

1:30pm – 3:30pm
5 Sessions
3/12, 3/19, 3/26,
4/2, 4/9
Room – 5S-122

Films reflecting the Arts, i.e., docudrama and documentary forms. Includes, Bob Fosse, Norman Lear, and writing music for film Philip Glass, et. al.

OPT 13**TAKE MY COURSE, PLEASE**

Allan Meyers

Wednesday

12:30pm – 2:00pm
4 sessions
3/13, 3/20, 3/27,
4/3, 4/10
Room – 2M-216

They laughed when I said I was going to teach comedy and it’s philosophy.
They laughed when I said I was humorous.
But they stopped laughing when I did my standup comedy act.

OPT 14**THE NEW & IMPROVED
101 MOST INFLUENTIAL
PEOPLE WHO NEVER EXISTED**

Allan Meyers

Wednesday

12:30pm – 2:00pm
4 Sessions
4/17, 5/1, 5/8,
5/15
Room – 2M-216

Who knows who the most influential fictional people are? Is it Superman, Mary Richards, Mickey Mouse, Dracula or even Buck Rogers?
The “SHADOW” knows!

OPT 15

KNITTING WORKSHOP

Diane Frankel

Wednesday

12:30pm-3:30pm

8 Sessions

3/13, 3/20, 3/27,

4/3, 4/10, 4/17,

5/1, 5/8

Room – 1S-105

First time knitter or lifelong crafter, learn to knit, finish a work in progress, learn a new technique, or stitch. Knit for an hour or stay as long as you wish. *Learn how to knit a top down sweater or cardigan. On March 13th bring your favorite sweater, we will learn how to take measurements to help in knitting a properly fitting sweater. Patterns and instructions will be available
Join us for some relaxing fun!

OPT 16

STRESS MANAGEMENT

Connie Tabbitas

Wednesday

2:30pm-4:00pm

4 Sessions

3/20, 3/27, 4/3,

4/10

Room – 2N-114

Over time, stress/chronic stress can lead to serious health problems. Stress management gives a range of tools to manage stress. It can help mind and body adapt.

OPT 17

**“THOSE FABULOUS 19th
CENTURY HISTORIANS”**

Peter Whitehouse

Thursday

9:30am – 10:30am

4 Sessions

3/21, 3/28, 4/4,

4/11

Room – 2N-006

They are historians, but reading their work leaves one conflicted. “Is this guy a novelist or a social scientist,” one might ask. Yes, 19th century historians did write with a flair that often confuses their work with fictional and classical literature. These lessons will sample the prose and lives of some of some of these remarkable men.

OPT 18

“TALKIN”BASEBALL

Andrew Mele

Thursday

10:00am- 11:00am

7 Sessions

3/14, 3/21, 3/28,

4/4, 4/11, 4/18,

5/2

Room – 1P-222

Yesterday & Today: all phases of the game including history discussed.

OPT 19

**THE NYPD AND CRIME
AT THE TURN OF THE CENTURY**

Andrew Mele

Thursday

11:00am -12:00pm

7 Sessions

3/14, 3/21, 3/28,

4/4, 4/11, 4/18,

5/2

Room – 1P-222

Learn about the history at the turn of the 20th century as NYPD battles crime in New York City.

OPT 20

**WHATEVER HAPPENED TO
AND WHY?**

David Frankel

Thursday

8 Sessions

12:30pm – 2:00pm

3/14, 3/21, 3/28,

4/4, 4/11, 4/18,

5/2, 5/9

Room – 2N-217

We will explore the “ups and downs” of some of our favorite performers, business people and historical figures. We will rely on books, social media and student feed-back.

OPT 21

THE LANGUAGE OF FILM

John Paul Culotta

Thursday

12:30pm – 3:00pm

4 Sessions

3/14, 3/28, 4/11,

5/2

Room – 2M-213

View and discuss classic and contemporary movies.

OPT 22

THE LANGUAGE OF FILM

Fred Grieco

Thursday

12:30pm – 3pm

4 Sessions

3/21, 4/4, 4/18,

5/9

Room – 2M-213

View and discuss classic and contemporary movies.

OPT 23

FRIENDSHIP MATTERS

Ellen Simonetti

Thursday

1:00pm – 2:30pm

4 Sessions

3/14, 3/21, 3/28,

4/4

Room – 2N-114

Most social scientists agree that human connection is one of the most important contributing factors to longevity. Nevertheless, society does not use all the resources available today to address this problem. Facebook leads us to believe that most are socially well-connected and leading wonderfully fulfilling lives. Magazines (Cosmopolitan, Good Housekeeping), TV shows (Friends, The Golden Girls, Sex in the City) etc. emphasize the ease and glamour of friendship.

Why, then, do studies report that 75% of us have few close friendships? This disconnect between popular culture and our social reality needs to be addressed. Friendship skills do not come naturally for all of us and were never taught in school and are vitally necessary as we age.

This course is a combination of lecture and discussion designed to teach specific skills to find, develop and maintain friendships. It will also discover how our personal psychological style impacts the quality of our friendships.

OPT 24

**THE SONGS OF BROADWAY
AND HOLLYWOOD**

Ed Maraud

Thursday

2:30pm – 3:30pm

7 Sessions

3/14, 3/21, 3/28,

4/4, 4/11, 5/2, 5/9

Room – 3N-110

A presentation of the formal and poetic aspects of the lyrics and music of Broadway and Hollywood during the 20th and early 21st centuries. Musical highlights of stage and film will include performances on video and sound by leading stars, followed by some analysis and discussion.

OPT 25

TAI CHI
8 Movements
Ivy Chin

Thursday
2:30pm – 4:00pm
5 Sessions
3/14, 3/21, 3/28,
4/4, 4/11
Room – 3N-112

The first part of the class is to warm up the body and learn how to breathe with the abdomen. The main objective is to learn the Tai Chi 8 movements. At the end, we learn how to cool down the body. The benefits to learn Tai Chi are both physical and mental. Welcome everyone!

OPT 26

PAINTING
Rosemarie Chirido

Thursday
2:30pm - 4:30pm
4 Sessions
3/21, 3/28, 4/4,
4/11
Room - 3N-104

Tap your creativity, using the medium of your choice, paint from a still life or a photo you bring in, focusing on shading, proportions, and values. We may produce a Cezanne or Matisse. Who knows! All levels are welcome! Supply list will be given at registration.

OPT 27

“THE GROUP”
The OPTIONS Student Club

Thursday
2:30pm – 4:30pm
Room - 2M-212

Come and join the fun. We meet every Thursday. Talk and socialize with other Option students.

OPT 28

**DO YOU HAVE COMPUTER
PROBLEMS? ARE YOU
FIGHTING WITH YOUR
COMPUTER?**

Thomas Wortmann

Friday

1:30pm – 2:30pm

4 Sessions

3/22, 3/29, 4/5,

4/12

Room – 2N-111

Then come to the Options “Computer Catch All” class.

If you can't figure it out and hate your computer, I'll try to answer your questions, teach you how to do all kinds of things like find files, rename files, sort, sub menus, learn about files, change your wallpaper, change your screen colors, arrange your desktop; and anything else you may need to know. Find out about programs you may already have and don't know about. Bring your questions, your problems and your frustrations, and leave smiling knowing you and your computer can be friends again.

Since students are not permitted to make these changes to College of Staten Island computers and laptops, participants in this course must bring their laptops or Ipads in order to practice these skills on a computer device.

OPT 29

SILK SCARF WORKSHOP

Using Black or White Scarves

Plus sun visors and baseball caps!

NEW - JACKETS

Annette Marten

Friday

12:30pm – 3:30pm

1 Session

4/12

Room - 2N-110

Attend a workshop and learn how to use dyes to create a beautiful hand printed scarf or jacket. The jacket is shaped with a front collar that drapes down like a waterfall, butterfly sleeves, lower at back, one size. This semester we will be using black or white silk scarves. This semester we will also work with sun visors and baseball caps and jackets. All are welcome. Materials will be provided for a fee of \$25.00 or \$35.00 for jackets.

OPT 30

MORE MYTHS ALIVE

Anne Devlin

Friday

12:15pm – 2:15pm

1 Session

5/3

Room – 2N-110

OPT 31

**PAINTING
Oil & Watercolor**

Jaeyeun Park

Friday

2:00pm – 5:00pm

9 Sessions

3/15, 3/22, 3/29

4/5, 4/12, 4/19, 4/26

5/3, 5/10

5/17

Room – 2N-114

Start your new career as an artist. Train your artistic skill more professionally, sharpen your drawing skill and develop your painting skill. Learn the chemistry of warm and cold colors and tones and space by studying portraits, florals, still life and landscapes. This can be done with any medium; oil painting, water color, pastel, acrylic, etc. All levels are welcome – Beginners or Advanced!

Discover and discuss an eclectic array of mythological allusions in everyday life.

General Information

The requested minimum fee for participation in the CSI Options Program is \$80.00 and allows you to take one course or several courses. **Donations over \$80.00 are tax deductible and greatly appreciated.**

Please make your check or money order payable to:

CSI Auxiliary Services

Mail to:

College of Staten Island
2800 Victory Blvd.
2M -208
Office of Continuing Education
Staten Island, NY 10314

Telephone:

718.982.2182

Options Spring 2019
 Registration Form:
 (Please print)

Name _____ Date of Birth _____

Address _____ Zip _____

Telephone # _____

Please make check or money order payable to:

CSI Auxiliary Services

Mail payment and registration form to:

College of Staten Island
 OPTIONS Program
 2800 Victory Blvd
 2M - 208
 Staten Island, NY 10314

Please check ALL classes you wish to attend, excluding those that overlap:

OPT1	OPT19
OPT2	OPT20
OPT3	OPT21
OPT4	OPT22
OPT5	OPT23
OPT6	OPT24
OPT7	OPT25
OPT8	OPT26
OPT9	OPT27
OPT10	OPT28
OPT11	OPT29
OPT12	OPT30
OPT13	OPT31
OPT14	
OPT15	
OPT16	
OPT17	
OPT18	

For Office Use Only:
 Date Paid
 Check #