

Fall 2026

GETTING OFF TO A GOOD START



WELCOME TO NRS 110

Congratulations and welcome to NRS 110-Fundamentals of Nursing. We look forward to meeting you!

COURSE DESCRIPTION

Principles and concepts are basic to the practice of nursing. Emphasis is on the maintenance and meeting of the basic needs of the adult patient. Introduces the student to alterations in basic human needs as a result of simple health problems. Clinical experience in a general hospital or long-term care facility.

Course Credits 6

Lecture Hours 4/week

Laboratory Hours 6/week

Prerequisite – Satisfactory completion of the **Pre-Nursing Sequence**.

Co-requisite – NRS 115.

Nursing AAS (Associate of Applied Science) Webpage:

<https://www.csi.cuny.edu/academics-and-research/departments-programs/nursing/associate-degree-applied-science-aas>

Nursing AAS Admissions Webpage:

<https://www.csi.cuny.edu/academics-and-research/departments-programs/nursing/nursing-aas-admissions>

NRS 110 Orientation: The NRS 110 Orientation will be on **Thursday, June 18, 2026, from 9:00AM-1:00PM in building 1P room 119 (Lecture Hall).**

Getting Off to a Good Start

1. BLS (Basic Life Support) Certification:

All students in the AAS Nursing Program must have a Basic Life Support (BLS) certificate with **hands-on skills sessions** from the **American Heart Association (AHA)**. Please follow the steps below **immediately** after notification of your acceptance to the AAS Nursing Program.

- Use your CSI email account and send a message to Jennifer Dominguez at jdominguez@rumcsi.org asking to enroll in a BLS class. On the subject line of your message, type “CSI NRS 110 BLS Class.” **In the body of your message include your full name, address and phone number.**
- Ms. Dominguez will place you in one of the classes below and will communicate additional information with you. Enrollment in these classes is done on a first-come-first-served basis, and students are not allowed to select a class. Please be prepared to attend any class session assigned to you (see schedule below). The cost for the BLS class and materials is **\$50. Please make check or money order to: Richmond University Medical Center and have it with you the day of the class. Cash is also accepted as payment.**

BLS Class Schedule

- | | |
|------------------------|------------------------|
| • <u>June 15, 2026</u> | <u>1:00pm – 4:00pm</u> |
| • <u>June 15, 2026</u> | <u>4:30pm – 7:30pm</u> |

- June 17, 2026 1:00pm – 4:00pm
- June 17, 2026 4:30pm – 7:30pm
- June 18, 2026 4:30pm – 7:30pm

- When you complete your BLS class, you will receive an email from AHA giving you information on how to claim your BLS certificate. Claim your BLS certificate and upload it to the DISA/CB Compliance Tracker ASAP. **Submission deadline is June 24, 2026.**

2. **Professional Liability Insurance for Clinical Setting:**

Students are not required to purchase individual student nurse malpractice insurance. The City University of New York provides student coverage through an institutional policy.

3. **What are the Technology Requirements in the nursing department?**

All exams are taken in your classroom using a leading national software program called **Exam Soft** – sometimes called **Exemplify**. You will need to bring a laptop, notebook computer, and or iPad to class to take your exams- this includes **MACS**. **Chromebooks are not supported**. These are some links for you to review.

*How you will take a test using **Exam Soft**:*

[\(352\) Taking an Exam with Exemplify - YouTube](#)
[Learning Assessment Tools & Software \(examsoft.com\)](#)

Specifics to run the software are as follows:

[Exemplify: Minimum System Requirements - Exam Soft](#)

If you have any questions, please email nursing@csi.cuny.edu

Students must also be familiar with Blackboard/Blackboard Collaborate and Zoom.

Blackboard Support for Students

helpdesk@csi.cuny.edu

After Hours Blackboard Support will be provided by Blackboard @ After Hours Blackboard Support

<https://cisweb.cuny.edu/blackboard/AfterHoursSupport-Blackboard-COVID19-Outbreak.pdf>

4. **What are the Required Textbooks for NRS 110 and NRS 115**

Available through the CSI (College of Staten Island) Bookstore & or Lippincott direct site.
 (See Textbook Requirements posted on Brightspace Organization site).

Updated information and product tour will be presented at the NRS 110 orientation by Lippincott Text and Product Representative **Christopher Fiore**.

5. **Read ahead. Pre-Requisite reading for the first 4 nursing LECTURES**

The **NRS 110 Course Outline** will be issued electronically in August when your Brightspace is available for Fall 2026 through the **NRS. 110 Fall 2026** section of BRIGHTSPACE.

Readings: **In preparation for Exam 1 (9-23-26 tentative), read from Taylor, Lillis, Bartlett 10th ed Fundamentals of Nursing *Coursepoint* + *Enhanced*.**

Chapter 1 Introduction to Nursing and Professional Formation
Chapter 2 Theory, Research, and Evidence-Based Practice
Chapter 3 Health, Wellness, and Health Disparities
Chapter 4 Health of the individual, Family, Community & Environment
Chapter 5 Culturally Respectful Care
Chapter 6 Values, Ethics, and Advocacy
Chapter 7 Legal Dimensions of Nursing Practice
Chapter 11 Health Care Delivery System
Chapter 12 Interprofessional Collaborative Practice and Care Coordination Across Settings
Chapter 14 Clinical Judgement
Chapters 15-19 Nursing Process (Assessing, Diagnosis/ Problem Identification, Outcome Identification and Planning, Implementing, Evaluating)
Chapter 20 Documenting and Reporting
Chapter 21 Informatics and Healthcare Technologies
Chapter 22 Developmental Concepts
Chapter 23 Conception Through Young Adulthood
Chapter 24 The Aging Adult
Chapter 8 Communication
Chapter 25 Asepsis and Infection Control
Chapter 26 Vital Signs
Chapter 29 Complementary and Integrative Health
Chapter 32 Hygiene

6. NRS 110 Library Orientation:

The NRS 110 Library Orientation is mandatory and will be held in person during lecture time Date and location TBA. This interactive orientation prepares you for the Culture and Aging Term Paper due in **Week 7** of nursing school. This paper will be discussed at orientation. The focus group will be Lebanese Muslim Decent.

7. Sign up for your NRS 110 Assessment Technologies Institute (ATI) Account

ATI is an online learning and assessment platform that provides tutorials, practice questions, and testing tools to support nursing students throughout their program and prepare them for the NCLEX exam. A nursing student must take the NCLEX because it is the national licensure exam that ensures graduates have the knowledge and skills required to provide safe, effective entry-level nursing care before becoming a licensed nurse.

ATI Readiness Checklist

- ☐ Create your ATI student account @ <https://www.atitesting.com/>
- ☐ Use **ONLY** your CSI student email when registering
- ☐ Confirm your ATI username and password are working
- ☐ **Log in successfully at least once before classes begin**



Product ID Student Handout

Date: 6/10/2026 6:54:29 PM
To: College of Staten Island
Cohort: 0528
Graduation Date: May 2028

The product ID below can be used to give your account access to all of the products associated with your cohort (shown above).

Product ID CDN024656124

Before using the Product ID above, review the information in the header at the top of this document.

If it does not match the information for your class/cohort, do not activate this Product ID and contact your instructor immediately. If you activate a Product ID for the wrong class/cohort, the wrong products will be assigned to your account.

If the class/cohort information is correct:

1. Activate your Product ID by logging into the ATI Website and clicking on the *+Add Product link* located in the top right of your Home or My ATI page.
2. In the Add Product window, enter the Product ID and then click the Continue button. You will be granted immediate access to all online practice assessments and tutorials that are associated with your class/cohort and have been enabled by your instructor.
3. In addition, on proctored testing days, your proctored assessments will appear automatically under the Assessments tab on your My ATI page once a proctor is available. Simply click the Begin button on the assessment card front to begin your assessment.
4. In future semesters, any new products associated with your class/cohort will be added automatically to your account.

Technical requirements for the ATI Web site are listed on the ATI Technical Requirements page at <http://www.atitesting.com/TechnicalRequirements.aspx>

8. What is Success Coaching-Strategies for Success?

A Personalized **Success Coach** will be assigned to you in the first week of classes. Part of your orientation assignment will be to fill in a personal calendar of activities in your daily week. You will discuss and show your assigned success coach the calendar **in the first two weeks of classes**. Information will be given regarding success coaching and other resources available during orientation and the first week of classes. Dr. Karen-Arca Contreras will discuss during the orientation.

9. When is the first day of classes? First day of lecture?

NRS 110 has a clinical (lab) component which begins on the first day of classes. If you are scheduled for a clinical on Fridays, your first day is **Friday 08/28/2026 from 8am-215pm**. You will receive an email from your clinical professor with specific instructions. Your first clinical day is held on campus in room **5S215**. Do not report to the clinical site off campus.

The first lecture for NRS 110 is **Wednesday 09/02/2026 from 8am-12pm in room 5S215**. Make sure to check Brightspace daily to confirm start times and potential room changes.

10. How do the professors communicate with students?

Please use your CSI student email account exclusively for all communication throughout the nursing program. Faculty will only communicate with you through your official CSI email address, and instructors will only respond to messages sent from that account.

You must also be able to log in to campus computers. Please ensure you have an active username and password. If you experience any issues, you may reset your password online or visit the Information Technology (IT) Department in Building 1L for assistance.

If you are a CUNY transfer student, please update your email in CUNYFirst so that your primary contact address is your College of Staten Island email.

11. What do I wear in Clinical and College Lab-(Uniforms)?

All students are required to wear the designated clinical practice uniform in all clinical settings, as well as during on-campus laboratory and simulation activities. Students who arrive without the appropriate uniform will not be permitted to participate in the clinical or on-campus lab experience and will be marked absent for that clinical day. For Wednesday lecture days, students do not need to wear clinical uniform.

Clinical Uniform Requirements

- All students must wear the designated clinical uniform for all clinical practice, on-campus labs, and simulation activities.
- Students who arrive without the required uniform will not be permitted in the clinical unit and will be marked absent.

Required Uniform Components

- White V-neck scrub top
- Steel grey cargo pants or steel grey skirt
- School emblem placed on the **left sleeve**, one inch below the top seam
- Use double-sided Velcro to attach the patch to the uniform.

Required Equipment

- Stethoscope
- Bandage scissors
- Sweep-second-hand watch (apple and digital watches are not acceptable for practice)

Uniform Purchasing Locations

- Scrubs & Beyond
- Flynn & O'Hara

Additional Uniform Standards

- Skirts must be below knee length.
- Pants must not have jogger bottoms.
- No deviations from the required uniform are permitted.

- Students not meeting uniform standards will be sent home and marked absent for the clinical day.

A. Scrubs and Beyond— *A representative will be at the orientation taking orders and will have samples*

[Scrubs: Nursing Scrubs & Medical Uniforms | Scrubs & Beyond \(scrubsandbeyond.com\)](http://scrubsandbeyond.com)
2301 Richmond Avenue
Staten Island, NY 10314
718-698-1421

Womens Options

- [5-Pocket Rib Knit Waistband Cargo Pant | Scrubs & Beyond \(scrubsandbeyond.com\)](http://scrubsandbeyond.com)

COLOR STEEL

- [5-Pocket Elastic Waistband Cargo Pant | Scrubs & Beyond \(scrubsandbeyond.com\)](http://scrubsandbeyond.com)

COLOR GRAPHITE

- [3-Pocket V-Neck Rib Knit Top | Scrubs & Beyond \(scrubsandbeyond.com\)](http://scrubsandbeyond.com)

COLOR WHITE

- Plain white stockings (non-textured hose), or white socks, **ALL white professional shoes**
- Optional white uniform jacket available. School emblem must be worn on the left sleeve one (1) inch below top seam (use double sided Velcro to attach patch to uniform).

Mens Options

[6-Pocket Elastic Waistband Cargo Pant | Scrubs & Beyond \(scrubsandbeyond.com\)](http://scrubsandbeyond.com)

COLOR STEEL

- [2-Pocket V-Neck Men's Top | Scrubs & Beyond \(scrubsandbeyond.com\)](http://scrubsandbeyond.com)

COLOR WHITE

- **ALL White professional shoes**, white socks
- Optional white uniform jacket available. School emblem must be worn on the left sleeve one (1) inch below top seam (use double sided Velcro to attach patch to uniform).

B. Flynn and Ohara- SCHOOL CODE: NY043

[College Of Staten Island \[NY043\] - FlynnO'Hara Uniforms \(flynnohara.com\)](http://flynnohara.com)
2645 Forest Avenue
Staten Island, NY 10303
347-682-2221
Click Link-[College Of Staten Island \[NY043\] - FlynnO'Hara Uniforms](http://flynnohara.com)

All tops purchased at Flynn and Ohara will include the school logo on the left sleeve. Students may order all year, but we recommend the deadline listed below to meet your timeline.
 Any item (including embroidered tops) may be returned or exchanged within 180 days as long as they are in their original condition with tags attached.



Clinical Uniform Shopping

Whether you're brand new to school uniform or a returning shopper preparing for the school year ahead, Flynn O'Hara makes it safe & easy to shop for back-to-school.

IMPORTANT NOTE:

You must place your order no later than these deadlines to receive in time for the start of clinicals

JULY 10 for FALL students

JANUARY 8 for SPRING students

Samples of Uniform Requirements



C. Additional Items- Goggles, and face shield may be required in some of the clinical agencies (these can be purchased on Amazon if required)



- D. **All students must wear the school logo (emblem) on the uniform.** The emblem must be placed on the left sleeve, one (1) inch below the top seam. Please use double-sided Velcro to attach the patch. The emblem can be purchased at Scrubs & Beyond or Flynn & O'Hara. See Picture below.



12. **What identification do I need when I go to my clinical setting?**

- Each clinical agency has its own identification badge requirements. Your clinical professor will inform you of the specific procedures and expectations for your assigned site.
- **All CSI Nursing students** are required to wear a specific name badge for the Clinical Setting

Please order the **REQUIRED** name badge by going to: <https://csi.lonestarbadge.com/>

Your identification badge **MUST BE** worn during every clinical session and should follow the format below. Failure to wear your CSI ID badge to the clinical setting **will result in clinical absence.**



Select Your Options

Size

1.25 x 3

Quantity

1

Fastener ?

☒ Pin ☐ Clip ☐ Magnet

13. **When will I be N95 respirator mask Fit Tested?**

All students enrolled in NRS 110 are required to be N95 Mask Fit-tested annually. Visit 5S-215, Monday through Thursday from 10:00am to 2:00pm. to see Mr. Robert Blancke for the N95 Mask Fit-test. Mr. Blancke can be reached at Robert.Blancke@csi.cuny.edu or 718.982.3833.

N95 Mask Fit-testing certification must occur between Tuesday, June 16 and Wednesday, July 15, 2026. Please complete this requirement ASAP.

NOTE: There will not be any N95 Mask Fit-testing the week of 7/6/26.

For the most optimal testing experience, you must:

1. Refrain from smoking, chewing gum, or drinking any flavored drinks 15 minutes prior to the test. This includes beverages like coffee, tea, soda, or anything that would affect your sense of taste or smell.
2. Bring bottled water to rinse your mouth during and after the test.

For more information on **WHAT IS N-95 FIT TESTING** click on the CDC link below
[Fit Test FAQs](#) | [NPPTL](#) | [NIOSH](#) | [CDC](#)

14. **What is Clinical Onboarding for NRS 110?**

Clinical Onboarding will be explained in detail on the day of orientation; kindly defer your questions until this time.

All students enrolled in NRS 110 must meet strict clinical agency requirements and provide documented proof that these requirements have been met (for example: AHA BLS Certificate, NPE, COVID-19 Vaccination Documentation, etc.)

All students must order a DISA/CastleBranch Background (CB) Check by using code **UZ86bg**, a DISA/CB Urine Drug Screen (UDS) (in addition to the UDS completed as part of the application process) by using code **UZ86dt** and a Compliance Tracker by using code **UZ86im**. All students

must upload all required documents for clinical clearance to the Compliance Tracker. Please note that the DISA/CB Compliance Tracker must be ordered only **ONE (1) time**. You will use the same Compliance Tracker throughout your studies in the Nursing Programs at CSI.

For certain other (non-sensitive) onboarding documents, you may use a Brightspace onboarding organization titled “2026 Fall Clinical Onboarding (CSI).” This organization provides information about all onboarding requirements for the Fall 2026 semester.

